Dear Race Competitor:

My name is Glenn Dennis, designer of this commemorative. I am also the president of **Freedom Memorials, Inc.**, a 501 c3 non-profit dedicated to building the National Afghanistan & Iraq *Freedom Reigns Memorial*. You will see me listed as Jason Savage, a pseudonym I've been using professionally for almost thirty years. I use my given name when I race because some of my running friends are not familiar with my pseudonym.

I designed and offer this commemorative certificate as a way to help promote the memorial. It is absolutely free, and I hope you will like what you see. There is a male and female version. You can fill in your pertinent information on screen and print. I hope this certificate helps you memorialize your race and achievement. Believe me, it's nice to be able to remember your efforts decades down the road.

I would appreciate your help promoting the memorial. Please visit our site, take a look at the memorial renditions, and use our 'Share' button to help us spread the word. And if you are so inclined, we would appreciate any small donation toward this effort to honor those who have paid the ultimate price in Afghanistan and Iraq.

In addition, if you would like to have a personalized, archival quality commemorative for one of your favorite races, please visit **www.YourRunningMemories.com**.

Thank you for your consideration, and all the best in your races to come.
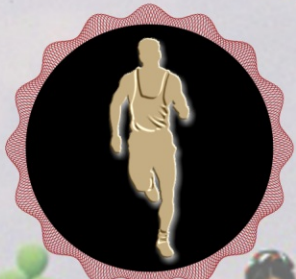
Sincerely yours,

Jason Savage
President - Freedom Memorials

John E. Norman

Cinco de Mayo 10k

This Certifies that:

The bearer of this commemorative has completed the
Cinco de Mayo 10k and is accorded
the time and position affixed by the competitor.

In Witness Thereof:

Race Director: Julio C. Ramirez

Course Distance: 10K

Certification #: NC 09037-PH

May 2
2009

JOHN E. NORMAN CINCO DE MAYO 10K · FAYETTEVILLE, NC ·

_____

This 2nd day of May, 2009

John E. Norman
Cinco de Mayo 10k

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2009

JOHN E. NORMAN CINCO DE MAYO 10K · FAYETTEVILLE, NC.

_____

This 2nd day of May, 2009

Printing & Framing Suggestions

There are two good options. One is using a premium quality, glossy photo paper. Set your printer to photo quality. Make sure your paper orientation is correct and set the Page Scaling option to **None**. This certificate fits the entire 8 ½″x 11″ page. By setting the scaling to none it will print to the maximum area without the possibility of distorting the images or text. You will probably have a quarter inch non-printed border. That will be hidden by most frames.

You can use either an 8 ½″x 11″ or an 8″ x 10″ frame. If you use an 8″ x 10″ frame, you will have to trim the certificate. Frames have different offsets from the window to the outer edge. Get your frame first to determine how much, if any, you will need to trim your certificate. Check A. C. Moore, Wal-mart, K-Mart, and other similar stores for frames. I found some really nice easel back frames at Wal-mart for a great price.

Another printing option is to use a matte finish paper like Epson Double-Sided Matter Paper. Use the same printer settings I discussed previously. By using the matter paper, you now have the option of lamination. Lamination does not work well on glossy stock. If you laminate it, you can frame the certificate without using glass. You can order a nice frame from a company like pictureframes.com along with a piece of foamcore for backing. If you decide on lamination, ask for **10 mil**. You can get your commemorative laminated at stores like Staples or Office Max for under $2.00.

Either way, you will have a wonderful remembrance of your accomplishment. Don't forget to fill in your race information **before** you print your commemorative.

If you know any race coordinators who would like to offer a free commemorative to participants in their race, please have them contact me at savage@YourRunningMemories.com or direct them to our website - www.YourRunningMemories.com. May the wind be always at your back!